



# Striking Out

## The WCBA newsletter

### Junior / Youth National Championships

While most kids were enjoying their recent school holidays, our best junior & youth bowlers made their way to Auckland for the TBNZ National Youth Teams Championships.

Proudly representing our region were

#### Wellington Thunderbirds

- Josh Smaha
- Glenn Armstrong
- Kerrie Churchill
- Adam Poskitt
- Amanda Carr
- Jenni Carr

#### Wellington Teen Titans

- Stephaine George
- Alysha Carr
- Kaleb Allardyce
- Michael Parsons
- Anna Stratford
- Christine Volk

After 14 games & the dust settled, Auckland were named the eventual winners beating Tenpin Lincoln Road into 2nd by just 1 point on 85.5 points.

Following them in a solid 3rd place were our very own Wellington Thunderbirds (67.5 points).

Our younger bowlers didn't fair so well, but still bowled extremely well to take points off those unsuspecting players that took them too lightly & finished on 18.5 points in 8th place.

Following on from the Teams champs were the TBNZ Junior / Youth Champs, where again our bowlers were to place well.

The highlight would have to be the successful defense of her title won in 2005 by Jenni Carr in the Junior Girls.

Jenni was 1 of only 2 players to repeat their wins from 2005 & retain their titles ... WELL DONE JENNI !!!

I know you all would agree that's it's something very special to achieve.

Other notable performances over the entire championships ...

#### **Teams**

- Kerrie Churchill was 5th in the Female All-stars.
- Adam Poskitt was 9th in the Male All-stars.
- Amanda Carr was 10th in the Female All-stars.
- Josh Smaha, Alysha Carr, Glenn Armstrong, Michael Parsons & Stephaine George also made the top 16 in their respective All-stars results.

#### **Individual**

- Amanda Carr finished 4th overall in the Junior Girls.
- Kerrie Churchill finished 4th overall in the Youth Girls.
- Kaleb Allardyce finished 6th overall in the Junior Graded.

**Congratulations !!**

### Wellington Rep Team Trial — Final Results (min 4 trials completed)

#### Men's team (top 7 only)

1. Carlos Tuason	4694	195.6
2. Aaron Parker	4603	191.8
3. Nathan Berry	4550	189.6
4. Gregorio Nicolas	4524	188.5
5. David Warwick	4512	188
6. Danny Jamieson	4496	187.3
7. Tim Swain	4423	184.3
8. Allan Heald **	4635	193.1
9. Chris Haynes	4410	183.8
10. Rey Non	4358	181.6
11. Kevin Foubister	4167	173.6
12. Hamish McGrigor	4115	171.5
13. Ian Klein	4044	168.5
14. Laurence Titular	3890	162.1

#### Ladies team (top 7 only)

1. Tanya Allardyce	4421	184.2
2. Annabelle Swain	4317	179.9
3. Kerrie Churchill	4278	178.3
4. Sandy Hoare	4273	178
5. Dairne Clark	4271	178
6. Lynnaire Churchill	4211	175.5
7. Ellen Slater	4111	171.3
8. Aleisha Cunningham	4101	170.9
9. Denise Brennock	3597	149.9

**Congratulations**

**Good Luck for the Teams Nationals over Easter**

\*\* Allan Heald withdrew after being appointed as the Team Coach.

It was also noted that not only was Carlos bowling dynamite during the trials, but his ball also exploded into pieces during one of his games.

Now we know your secret to all those strikes ... 😊

The WCBA would also like to announce the following appointments ...

#### Team Manager

Ally Haynes

#### Team Coach

Allan Heald

#### Assistant Coach

Ivena Heald

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Upcoming Tournaments

3rd—10th November	42nd AMF World Cup	Venezuela
10th—12th November	Waitakere Masters (Super 7)	Auckland
17th—19th November	Canterbury Open	Christchurch
24th—26th November	Coke High Roller	Petone
8th December	Best of the Best	Porirua

Dates may change at short notice ... Please check closer to the time.

For those the have access to the internet ...

Please take the time to check out our new online message boards.  
Free to join !! The more people that join, the more it will work for you.  
<http://wcba.proboards99.com>

2006 Committee Meetings

Wednesday 22nd November

Sunday 17th December

See our notice board for more details

**Grants:**

- Pub Charity \$4835.56 towards the Canterbury Open 2006.
- Pub Charity \$4010.00 towards the Juniors Nationals 2006.

**Coaching Tip (by Ken Powe) & More ...**

Have you ever looked at where your left foot stops after you let the ball go ??

For this exercise, we are referring to the inside of your left shoe (right shoe for left handed bowlers).

This can be quite important in the process of establishing a solid base on which to improve your bowling.

To get consistant ball travel on the lanes, you must start on the same board (spares could be different) & finish on the same board, for your style of walk up.

For example ... For the 10 pin, I start on board 33. My target is the 15 board (3rd arrow).

Check what board your foot stops on.

If there is a variance, then your shots will not be consistant.

To far left, your ball ends up in the gutter ... to far right & it goes down the center of the lane & misses the pin.

For further information, contact a coach ... Chris Haynes in Petone or Allan Heald.

**Terminology ...**

**Approach** :- The area of the lane you stand on when bowling.

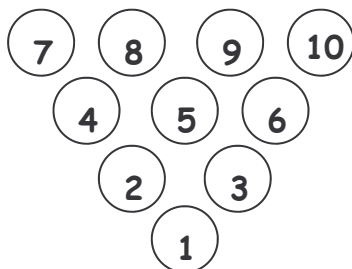
**Boards** :- The thin strips of wood running down the lane, starting in the approach. There are 40 in a lane.

**Feet or Foot** :- When used, this is always referring to the inside of your left shoe for right handed bowlers. (right shoe if left handed).

**Arrows** :- Big arrows a third of the way down the lane. They indicate board 5, 10, 15, 20 (middle), 25, 30 & 35

**Dots** :- Same as the arrows, but on the approach. 2 sets are back by the ball return & another at the foul line.

**Pins** :-



Did you know that when you bowl the perfect strike, your ball will actually only touch 4 pins.

Through exhaustive scientific research, it was found that the perfect angle for your ball to enter the pins was effectively a straight line from 2 lanes over.

This is why the top bowlers use the style known as the "hook" or "fingertip" bowling (spin).

So using the theory above & the right handed player for this example, should you bowl the perfect strike, your ball will hit between the 1 & 3 pins ... travel through to hit the 5 pin & finally deflect over to hit the 9 pin.

ALL of the other pins will be knocked over by each other.

For those of you wanting to take your game to the next level, contacting a coach should be your 1st move.

If they're unable to help, they will be able to put you onto someone else that can help you.

I know it has helped my game !!

**Good Luck & High Scoring.**